

Psychological Safety: Foundations- Maximize Value in your Conversations (PS:F 21A | 3-Part Workshop | 3/2, 3/4, 3/8)

Greetings Leaders!

Can you turn on your imagination?

Can you see something before it comes true?

Here, give it a try:

What if the Airman & Guardians you know talked about Air Force culture like this:

“This brought me so much more joy than I expected. Being surrounded by other people who are excited, positive with a willingness to help and learn. It was a lot of good energy that I needed right now.”

“Also the connections made with everyone in this family is amazing. Also, this helped get me out of my comfort zone more which I may actually be getting better at”

“The opportunity to reflect on personal goals was appreciated during these unprecedented times.”

We will always talk about the unprecedented times. For months we practiced physically distanced but are needed to connect more socially. With the surplus of changes in our Air Force, we’ve been asked to engage and lead difficult yet important conversations with our Airmen

- Increasing the feeling of inclusion for all of our diverse Airmen with the release of the report on the Air Force’s racial disparity issues
- Leading innovative problem-solving Airman that feel empowered to speak up with their ideas
- Changing dress and appearance regulations that help more Airmen feel seen and feel like they belong
- Most recently, the Air Force’s new standards for measuring enlisted and officer evaluations

These are the conversations our Airmen are talking about in back shops and on social media. “Psychological Safety: Foundations” can help you practice the tools you need to listen, lead and promote the charge from our CSAF to accelerate change. And if the past year has taught us anything, things are moving FAST.

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When we reached out and invited people to attend one of the three-session, professional development programs we called “Psychological Safety: Foundations” we were not ready for the overwhelming response from the Total Force. You voted with your mouse-click! You signed up, showed up, and spoke up.

You shared what you were managing. You listened to what other people were holding. You asked questions, and let the conversation go where the conversation needed to go. You worked together.

Although we hoped to host a workshop in January, we are hosting our first workshop in March.

Join us for PS:F, Cohort #4, 21A

2 March 0930-1100 CST

4 March 0930-1100 CST

8 March 1430-1600 CST

For BEST results, do invite a few friends to participate in those sessions. Right now, ask two people to join you by filling out the application. This Cohort is only open to the next 300 Total Force Airmen who apply:

https://docs.google.com/forms/d/e/1FAIpQLScyh7rQGblYJNJxvxcVe63icYxg2bqye8_LaV9ENKmVpG-Kng/viewform?usp=sf_link

During one of the last workshops of 2020, someone added a question to the chat:

“How do you set boundaries?”

Think about that question for a moment. But, before you look to the outside for answers to that question, we challenge you to open your notebook/journal and answer this prompt on a page (or three!):

“Where do I need to re-assess the boundaries I’ve set...at home, in life, at work, in my career?”

Only after you’ve written a page or two, that’s when we invite you to review the attached HBR article that “may” get you some ideas you can use.

Oh, and if you want a coaching session with any of the four of us, let us know and we’ll find a way to meet. Let’s keep those coaching skills going!

Sincerely,

Your ATHENA Psychological Safety MAWG team:

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BLAB: Click below for the link to join our next Psychological Safety: Foundations series, Cohort #4, 21A.

https://docs.google.com/forms/d/e/1FAIpQLScyh7rQGblyJNJxvxcVe63icYxg2bqye8_LaV9ENKmVpG-Kng/viewform?usp=sf_link